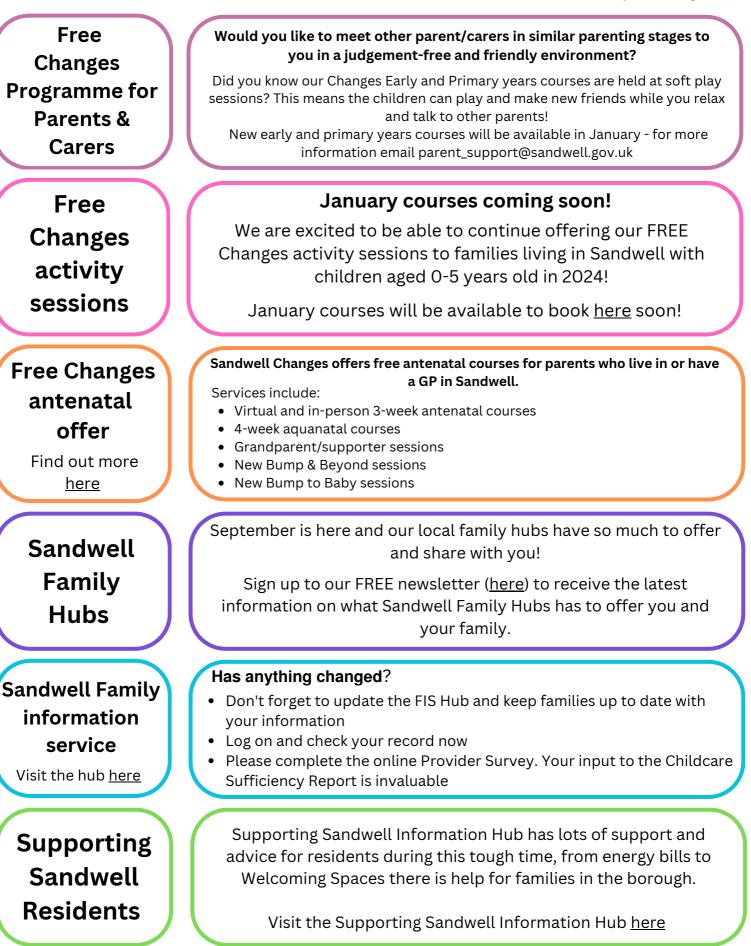
Good To Know Newsletter





Childcare support is expanding in 2024

Healthy Sandwell

Child to parent abuse

NSPCC Learn

Online safety

NSPCC Learn

Banter vs bullying in sport

Sandwell Winter Booklet

SCVO The community environment fund Childcare support is expanding- even more working parents can get help to pay for their childcare.

Click <u>here</u> to find out more about the upcoming expansion starting April 2024.

Please remember, if you currently use the 30 hours childcare offer you must renew your 30 hours code before the 31 December

Helping you to improve your mental health and wellbeing

The festive period can be an emotional time for some, Healthy Sandwell has tips and information to support you, your family and friends this year and beyond.

For more information click here

Child to Parent Abuse: Supporting parents and professionals. PEGS aims to reduce the impact of child-to-parent abuse by helping parents, training frontline professionals, impacting policy and raising awareness.

Find out more <u>here</u>

The NSPCC has opened applications for its Online Safety Youth Taskforce, for young people aged 13 to 16 across the UK, to help shape decisions about children's safety online.

The Taskforce allows young people to meet decision-makers, influence policies, and share their thoughts on how to help make the online world a safer place. Find out more <u>here</u>

The NSPCC's Child Protection in Sport Unit (CPSU) has released a webinar recording on bullying in sport. The webinar looks at the differences between banter and bullying and how to identify this in sports.

Find out more <u>here</u>

Sandwell Council has produced a new Winter Booklet to support residents.

This is the Guide to Living Well this Winter and is being delivered to all residents. It is full of useful information on how to keep well during these cold winter months.

For access to the virtual booklet is <u>here</u>

SCVO has teamed up with The West Midlands Combined Authority to deliver an information session on The Community Environment Fund.

The session will be held on Tuesday 9th January 2024, 10 am via a Zoom

To register your space click here



Good to Know News

Please click on the photographs for access to links for booking or further information



Would you like to become a Community Cancer Champion?

This training will take place over three sessions on Microsoft Teams and will focus on:

- Health and Wellbeing
 Cancer Prevention and Early Diagnosis
- Cancer Prevention and Early Diagnosis
 Cancer Screening Programmes
- Cancer Screening Program
 Signs and Symptoms
- Living Well and Beyond Cance







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)pen Tuesdays 11am – 3pm)pen Wednesdays 9.30am – 3pm

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Il welcome, whether unemployed, working or retired.

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